



**Notice of Race  
and  
Sailing Instructions**

**WYC Jack & Jill Race - Ladies Race  
(Medium Distance Double Handed)**

**Saturday August 25, 2018**

**OWNER'S RESPONSIBILITY:** The safety of a boat and her crew is the sole responsibility of the owner(s) and/or skipper who must ensure that the boat is fully sound, thoroughly seaworthy, manned by experienced crew and adequately insured. He/she must be satisfied as to the soundness of the hull, spars, rigging, sails and gear. He/she must ensure that all safety equipment, which now includes a VHF radio, is properly maintained and stowed and that the crew is familiar with its location and use. Skippers must also be concerned with the safety of other boats and crews around them, maintain an adequate look-out and be aware that a bow mounted anchor might exacerbate injury to person or property in the event of a collision.

It is the sole responsibility of the skipper of each boat to decide whether or not to start, continue in or retire from a race. By starting any particular race the skipper accepts to abide by these instructions. Read RRS Part 1!

**SAILING INSTRUCTIONS:**

**1. RULES**

- 1.1. Races will be governed by The Racing Rules of Sailing (RRS) 2017-2020, and the prescriptions of Sail Canada and these Sailing Instructions.
- 1.2. PHRF Lake Ontario (PHRF-LO) rules will apply for handicap racing.
- 1.3. In cases of conflict between the Sailing Instructions and any Class Rules, these Instructions shall govern.
- 1.4. All boats must be registered to acknowledge acceptance of these Instructions.

**2. NOTICES TO COMPETITORS**

- 2.1. Notices to competitors will be posted on the official notice board located in the ground floor hallway of the WYC club house and posted on the WYC Fleet Committee website at <http://www.wycfleet.com>.
- 2.2. These SIs shall serve as the Notice of Race (NOR) for this distance race.

**3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1. Any change to the sailing instructions will be posted by 0900 on the day it will take effect.

**4. SIGNALS MADE ASHORE**

- 4.1. Signals made ashore will be displayed on the flagpole located on the lawn west of the clubhouse.
- 4.2. When flag AP is displayed ashore, "one minute" is replaced by "not less than 45 minutes".

**5. SCHEDULE OF RACES**

- 5.1. The scheduled time of the warning signal for the first start is 1100h.
- 5.2. Registration and a Competitors Meeting is scheduled for 1000h in the Club Bar.
- 5.3. A race will not be started in sustained winds less than 3 knots or greater than 25 knots.

**6. DIVISION SPLITS, ORDER OF START, AND CLASS FLAGS**

- 6.1. For results to be recorded and reported, boats must comply with Clause 6.1.1, and either Clause 6.1.2 or Clause 6.1.3.
  - 6.1.1. Registered in accordance with Clause 1.4.
  - 6.1.2. Hold a current PHRF certificate for handicap racing.

## Notice of Race and Sailing Instructions – WYC 2018 Jack & Jill Race, Ladies Race

---

- 6.2. Boats will be split into spinnaker, JAM (Jib & Main or NFS) as designated in the table below. Boats will be sailed by double handed teams as organized in the chart below.

Spinnaker Jack & Jill Mixed Crew	Division 1	Start 1
Spinnaker Female Helm	Division 2	Start 1
Spinnaker Female Helm & Female Crew	Division 3	Start 1
JAM (NFS) Jack & Jill Mixed Crew	Division 4	Start 2
JAM (NFS) Female Helm	Division 5	Start 2
JAM (NFS) Female Helm & Female Crew	Division 6	Start 2

- 6.3. Division splits will be posted on the website in accordance with Clause 2.1.
- 6.4. Division flags, if any, must be flown at the stern.
- 6.5. The numeral flag corresponding to the Start number will be hoisted instead of the Class flag as the Warning signal in the start sequence. This changes Rule 26.

### 7. RACING AREAS

- 7.1. The race area is along the north shore of Lake Ontario extending approximately 6.6 nm east and 6.9 nm west of WYC Mark 9, which is approximately 1.4 nm on a compass bearing of approximately 210 degrees (right) from the Whitby Harbour East Pier Head light (See Annex A).

### 8. THE COURSES

- 8.1. The race will be from a start line at WYC Mark 9 to a designated turning mark(s) and then return to the finish line at WYC Mark 8.
- 8.2. The turning mark(s) will be left to port.
- 8.3. The turning mark(s) will be announced at the Competitors Meeting.
- 8.4. Course will be Medium Distance.

### 9. MARKS

- 9.1. WYC Mark 9 is a yellow barrel approximately 4 feet in height with black “9” numbers on three sides.
- 9.2. Possible turning marks and their locations are listed in the table below.

Description of Turning Mark	Latitude and Longitude
“F” Frenchman’s Bay [RW MO (A) W 6S]	43°47.211’ N, 79° 5.104’ W
“45159” Weather Buoy [Y FL (5) Y 20S]	43°46.000’ N, 78° 59.099’ W
“MV2” Oshawa [R]	43°51.374’ N, 78° 47.380’ W

## Notice of Race and Sailing Instructions – WYC 2018 Jack & Jill Race, Ladies Race

---

### 10. THE START

10.1. The order in which Divisions start are given in table below.

Start 1	Flying Sails
Start 2	Non-Flying Sails

- 10.2. Before starting, a boat intending to race shall come within hailing distance of the signal boat and shall report its sail number and receive acknowledgement. The race committee will not accept reports of intent to start via VHF radio 72. The Race Committee may protest boats failing to report.
- 10.3. The starting line will be between the halyard or staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 10.4. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area extends one-quarter the length of the starting line ahead of and behind the starting line, and one-quarter the length of the starting line past either end of the starting line.
- 10.5. A boat starting later than five (5) minutes after her starting signal may be scored Did Not Start (DNS) without a hearing. This changes Rule A4.
- 10.6. The signal boat may leave the starting area 5 minutes after the last start.
- 10.7. The Race Committee may announce the sail number or boat name of each premature starter on the applicable VHF channel. Failure to make an announcement or the order in which boats are announced shall not be grounds for redress. This changes Rule 62.1 (a).
- 10.8. A start receiving a General Recall will be restarted after the last scheduled start. This changes RRS Rule 29.2.
- 10.9. The warning signal for each succeeding start shall be at least 1 minute, or directly after the starting signal of the preceding start at the Race Committees discretion.

### 11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. The course may only be shortened at the turning mark.

### 12. THE FINISH

- 12.1. Boats will finish between the staff or halyard carrying an orange flag on the race committee vessel and the course side of WYC Mark 9.
- 12.2. If a race committee vessel is not present, boats will record the GPS time of day of their finish as their primary winches pass within 2 boat lengths and to starboard of the finish mark. Each boat must then email their finish time (UTC-4hrs) to [fleet@wyc.ca](mailto:fleet@wyc.ca) before 3 pm that day or be scored DNF. This changes RRS Rule 35.
- 12.3. After she *finishes*, a boat is still *racing* until she clears the finish area. The finish area extends one-quarter the length of the finish line behind the finish line, and one-quarter the length of the finish line past either end of the finish line.

### 13. PENALTY SYSTEM

- 13.1. Rule 44.1 is changed to permit a boat that has broken a rule of Part 2 or rule 31 to take a penalty after racing but prior to any protest hearing. Her penalty shall be a scoring penalty as calculated in rule 44.3(c) equal to 40% of the number of entries in her class or 50% of the difference between her position and the number of entries in her class, whichever is less. However, if she caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.

14. TIME LIMITS

- 14.1. All boats in compliance with Clause 6.1 shall be scored unless the race is abandoned.
- 14.2. The race shall be abandoned if no boat in the fleet has rounded the turning mark within 3 hours of their start.

15. PROTESTS AND REQUEST FOR REDRESS

- 15.1. To minimize protests, a boat that may have broken one or more rules of RRS Part 2 in an incident is encouraged to take penalty turns in accordance with RRS Rules 44.1 and 44.2.
- 15.2. Protests forms are available on the Notice Board.
- 15.3. Protests and requests for redress must be delivered to the Chief Judge, Fleet Captain or Principal Race Officer within one hour of the signal boat's return to the dock.
- 15.4. Protests alleging a breach of a class or handicap rule must be accompanied by an official copy of the applicable class or handicap rules. This adds to rule 61.2.
- 15.5. Protests may be subject to a PRE-HEARING. Protest Committee/Jury hearings may be held once per month at a time and date posted on the Notice Board at least 1 week prior. This changes RRS Rule 61.

16. SCORING

- 16.1. The low point scoring system will apply as per RRS A4.1.
- 16.2. A boat that did not start (DNS) shall be scored the number of starters plus 1.
- 16.3. A boat that did not finish (DNF) shall be scored the number of finishers plus 1.
- 16.4. A boat that is disqualified (DSQ) shall be scored the number of boats registered plus 1.
- 16.5. All starters in an abandoned race will be scored DNF.
- 16.6. This changes RRS A4.2.

17. SAFETY REGULATIONS

Once a boat has fulfilled her check-in requirements, if she withdraws from a race or if she no longer intends to participate in racing, she shall: a) keep clear of other competitors and b) notify the Race Committee and receive their acknowledgement either orally or on the applicable VHF channel. The penalty for a breach of this instruction may be less than disqualification if the protest committee so decides.

24. RADIO COMMUNICATIONS

- 24.1. The Race Committee will use VHF Channel 72 for communication during the races.
- 24.2. Race Committee broadcasts regarding its intentions, the course to be sailed, start times, course changes, etc. are a courtesy only. Failure of the Race Committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast shall not be grounds for redress. This changes rule 62.1 (a).

25. PRIZES

- 25.1. Flags will be awarded to the three top finishers in each class the day of racing.
- 25.2. Trophies will be awarded to overall winners on November 17, 2018 at the Awards Night.

26. DISCLAIMER OF LIABILITY

Competitors participate in the racing entirely at their own risk. See RRS Rule 4, Decision to Race and Preface to these Instructions. The Whitby Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the races.

# Notice of Race and Sailing Instructions – WYC 2018 Jack & Jill Race, Ladies Race

## 27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000 per incident or the equivalent.

## 28. CODE OF CONDUCT

Ontario Sailing Association CODE OF CONDUCT will apply in addition to the CODE OF CONDUCT for guests and members of the Whitby Yacht Club.

## Our Loyal Spongers

