



**Notice of Race  
and  
Sailing Instructions  
(Revision 1)**

**for**

**The Centennial Bowl**

**Sunday, June 10, 2018**



# Sailing Instructions – 2018 Centennial Bowl

---

---

**OWNER'S RESPONSIBILITY:** The safety of a boat and her crew is the sole responsibility of the owner(s) and/or skipper who must ensure that the boat is fully sound, thoroughly seaworthy, manned by experienced crew and adequately insured. He/she must be satisfied as to the soundness of the hull, spars, rigging, sails and gear. He/she must ensure that all safety equipment, which now includes a VHF radio, is properly maintained and stowed and that the crew is familiar with its location and use. Skippers must also be concerned with the safety of other boats and crews around them, maintain an adequate look-out and be aware that a bow mounted anchor might exacerbate injury to person or property in the event of a collision.

It is the sole responsibility of the skipper of each boat to decide whether or not to start, continue in or retire from a race. By starting any particular race the skipper accepts to abide by these instructions. Read RRS Part 1!

## **SAILING INSTRUCTIONS:**

### 1. RULES

- 1.1. Races will be governed by The Racing Rules of Sailing (RRS) 2017-2020, and the prescriptions of Sail Canada and these Sailing Instructions.
- 1.2. PHRF Lake Ontario (PHRF-LO) rules will apply for handicap racing.
- 1.3. The applicable Class Rules will apply for one-design (OD) racing.
- 1.4. In cases of conflict between the Sailing Instructions and any Class Rules, these Instructions shall govern.
- 1.5. Any class with 5 or more boats registered will be assigned a Division # and given a separate start in the OD Series.
- 1.6. All boats intending to race must be pre-registered to acknowledge acceptance of these Sailing Instructions.

### 2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located in the ground floor hallway of the WYC club house, and posted on the WYC Fleet Committee website at <http://www.wycfleet.com/2018-race-documents>.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted by 0900 on the day it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flagpole located on the lawn west of the clubhouse.
- 4.2. When flag AP is displayed ashore, "one minute" is replaced by "not less than 45 minutes".

### 5. SCHEDULE OF RACES

- 5.1. The scheduled time of the warning signal for the first start is 1100h.
- 5.2. Registration and a Competitors Meeting is scheduled for 0930h in the Club Bar.
- 5.3. A race will not be started in sustained winds less than 3 knots nor in conditions deemed to be unsafe or unfit for Race Committee.

### 6. DIVISION SPLITS, ORDER OF START, AND CLASS FLAGS

- 6.1. For results to be recorded and reported, boats must be registered and comply with either Clause 6.1.1 or Clause 6.1.2 as applicable.

## Sailing Instructions – 2018 Centennial Bowl

---

---

6.1.1. Hold a current PHRF certificate for handicap racing.

6.1.2. Hold a class measurement certificate for one-design racing.

6.2. Boats will be split into divisions as designated in the table below.

Small JAM	Silver Flag	Division 1
Large JAM	Gold Flag	Division 2
Small Spinnaker	Green Flag	Division 3
Large Spinnaker	Black Flag	Division 4
Shark	“no flag”	Division 5

6.3. Division splits will be posted in accordance with Clause 2.1.

6.4. The Fleet Captain reserves the right to organize divisions and start order at his/her discretion so as to provide for the best possible racing.

6.5. The numeral flag corresponding to the Start # will be hoisted instead of the Class flag as the Warning signal in the start sequence. This changes RRS 26.

### 7. RACING AREAS

7.1. The race area is along the north shore of Lake Ontario extending approximately 6.6 nm east and 6.9 nm west of WYC Mark #9, which is approximately 1.4 nm on a compass bearing of approximately 210 degrees (right) from the Whitby Harbour East Pier Head light (See Annex A).

### 8. THE COURSES

8.1. The race will be from a start line at WYC Mark #9 to a designated turning mark and back to a finish line at WYC Mark #9.

8.2. The turning mark is to be left to port.

8.3. The turning mark will be announced at the Competitors Meeting.

### 9. MARKS

9.1. WYC Mark #9 is a yellow barrel approximately 4 feet in height with black “9” numbers on three sides.

9.2. Possible turning marks and their locations are listed in the table below.

Description of Turning Mark	Latitude and Longitude	Distance from WYC #9 (nm)
“F” Frenchman’s Bay [RW MO (A) W 6S]	43° 47.211’ N, 79° 5.104’ W	6.9
Moore Point [Y] (Spar)	43° 48.388’ N, 79° 2.443’ W	4.7
“45159” Weather Buoy [Y FL (5) Y 20S]	43° 46.000’ N, 78° 59.099’ W	4.2

## Sailing Instructions – 2018 Centennial Bowl

---

---

"MV2" Oshawa [R]	43° 51.374' N, 78° 47.380' W	6.6
------------------	---------------------------------	-----

### 10. THE START

10.1. The order in which Divisions start are given in the table below.

Start 1	Division 2 and Division 4
Start 2	Division 5
Start 3	Division 1 and Division 3

- 10.2. Before starting the race, a registered boat shall check-in with the Race Committee by sailing past the stern of the signal boat with sail number visible and receive acknowledgement. The race committee will not accept reports of intent to start via VHF radio. The Race Committee may protest boats failing to report.
- 10.3. The starting line will be between the halyard or staff displaying an orange flag on the signal boat and WYC Mark #9.
- 10.4. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area extends one-quarter the length of the starting line ahead of and behind the starting line, and one-quarter the length of the starting line past either end of the starting line.
- 10.5. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing..
- 10.6. The signal boat may leave the starting area 5 minutes after the last start.
- 10.7. The Race Committee may announce the sail number or boat name of each premature starter on the applicable VHF channel. Failure to make an announcement or the order in which boats are announced shall not be grounds for redress. This changes Rule 62.1 (a).
- 10.8. A start receiving a General Recall will be restarted after the last scheduled start. This changes RRS Rule 29.2.
- 10.9. The warning signal for each succeeding start shall be at least 1 minute after the starting signal of the preceding start.

### 11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. The course may only be shortened at the turning mark.

### 12. THE FINISH

- 12.1. Boats will finish between the staff or halyard carrying an orange flag on the race committee vessel and the course side of WYC Mark #9.
- 12.2. If a race committee vessel is not present, boats will record the GPS time of day of their finish as their primary winches pass within 2 boat lengths and to starboard of the finish mark. Each boat must then email their finish time (UTC-4hrs) to fleet@wyc.ca before 5 pm that day or be scored DNF. This changes RRS Rule 35.

### 13. PENALTY SYSTEM

13.1. The Scoring Penalty, RRS 44.3 does not apply.

# Sailing Instructions – 2018 Centennial Bowl

---

---

## 14. TIME LIMITS

- 14.1. All boats in compliance with Clause 6.1 shall be scored unless the race is abandoned.
- 14.2. The race shall be abandoned if no boat in the fleet has rounded the turning mark within 2 hours of their start.

## 15. PROTESTS AND REQUEST FOR REDRESS

- 15.1. To minimize protests, a boat that may have broken one or more rules of Part 2 in an incident is encouraged to take penalty turns in accordance with RRS 44.1 and RRS 44.2.
- 15.2. Protests forms are available on the Notice Board.
- 15.3. Protests and requests for redress must be delivered to the Chief Judge, Fleet Captain or Principal Race Officer within one hour of the signal boat's return to the dock.
- 15.4. Protests alleging a breach of a class or handicap rule must be accompanied by an official copy of the applicable class or handicap rules. This adds to rule 61.2.
- 15.5. Protests may be subject to a PRE-HEARING. Protest Committee/Jury hearings may be held once per month at a time and date posted on the Notice Board at least 1 week prior. This changes RRS Rule 61.

## 16. SPARE

## 17. SCORING

- 17.1. The Low Point System, RRS A4 is modified as follows:
  - 17.1.1. A boat that did not start (DNS) shall be scored the number of starters plus 1.
  - 17.1.2. A boat that did not finish (DNF) or retired shall be scored the number of finishers plus 1.
  - 17.1.3. A boat that is disqualified (DSQ) shall be scored the number of boats registered plus 1.
  - 17.1.4. All starters in an abandoned race will be scored DNF.

## 18. SAFETY REGULATIONS

Once a boat has fulfilled her check-in requirements, if she withdraws from a race or if she no longer intends to participate in racing, she shall: a) keep clear of other competitors and b) notify the Race Committee and receive their acknowledgement either orally or on the applicable VHF channel. The penalty for a breach of this instruction may be less than disqualification if the protest committee so decides.

## 19. 20., 21., 22., 23. SPARE

## 24. RADIO COMMUNICATIONS

- 24.1. The RC will use VHF Channel 72 for the conduct of the races. Channel 71 may be used as a backup.
- 24.2. Race Committee broadcasts regarding its intentions, the course to be sailed, start times, course changes, etc. are a courtesy only. Failure of the Race Committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast shall not be grounds for redress. This changes rule 62.1 (a).

## 25. PRIZES

- 25.1. Prizes will be awarded to the three top finishers in each Division in each Series at the Awards Night on November 17, 2018.
- 25.2. Trophies will be awarded to overall winners.

## Sailing Instructions – 2018 Centennial Bowl

---

---

### 26. DISCLAIMER OF LIABILITY

Competitors participate in the racing entirely at their own risk. See RRS 4, Decision to Race and Preface to these Instructions. The Whitby Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the races.

### 27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000 per incident or the equivalent.

### 28. CODE OF CONDUCT

Ontario Sailing Association CODE OF CONDUCT will apply in addition to the CODE OF CONDUCT for guests and members of the Whitby Yacht Club.