



**2025  
Racing Programme**

Version 1  
Version 2

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## 1. INTRODUCTION

- 1.1. Sail racing is governed worldwide by World Sailing, which issues the Racing Rules of Sailing on a quadrennial cycle. The cycle is designed to coincide with the Olympic Games cycle, which normally occur in the fourth year of the cycle. The 2025-2028 edition of The Racing Rules of Sailing (RRS) is the current edition of the RRS.
- 1.2. Every sail racing event is governed by multiple documents that constitute the rules for that event. At the apex of this pyramid are the Racing Rules of Sailing (RRS). The RRS are then modified by the Sail Canada Prescriptions. These prescriptions set the RRS in a national context and may modify some of the RRS for the conditions of sailing in Canada. The RRS with Sail Canada prescriptions is available in paper format from the Sail Canada online store (<https://www.sailing.ca/shop/>) or in digital format from the Sail Canada website (<https://www.sailing.ca/rules-prescriptions/>).
- 1.3. Each racing event will be governed by its own Notice of Race (NoR) and Sailing Instructions (SIs). These will be available for each event on the Whitby Yacht Club website (<https://www.wyc.ca/racing>). The NoRs and SIs for the PHRF and OD Racing programmes will apply to all four Series in the racing season.
- 1.4. Each class has rules for equipment, crew, eligibility, and race management. The class rules in effect will be listed in the NoR and links provided to the appropriate documents.
- 1.5. For LD races, there are additional safety rules for boats, equipment, and crew. The safety rules in effect will be listed in the NoR and links provided to the appropriate documents.
- 1.6. The RRS with prescriptions, NoR, SIs, class rules, safety rules and any Supplementary SIs constitute the rules for any event. Except when specifically exempted within the rules, the rules are protestable.
- 1.7. This document has been prepared to provide the overall context of the racing programme within Whitby Yacht Club (WYC) operations and does not form part of the rules for any event. Nothing in this document is protestable.

## 2. PROGRAMME OVERVIEW

The WYC racing programme consists of six separate components for handicap and one design racing:

- 2.1. Long Distance (LD) events are overnight races over 15 nm in length open to all boats with a valid PHRF certificate. The two events historically organized by the Whitby Yacht Club are the Whitby 50, typically held in June, and the Whitby 100, typically held in September. Both events are Category 3 races as defined in the World Sailing Offshore Special Regulations (OSR). Sail Canada has endorsed these regulations and developed Prescriptions for their use in Canada. WYC will follow Sail Canada's recommendations for LD races. However, the WYC has decided to implement a phased implementation of coastal survival training and will follow the prescriptions established by the Lake Ontario Offshore Racing (LOOR) Committee of the Port Credit Yacht Club (PCYC). LD events are also **not** included in the WYC Racing Fee.
- 2.2. Medium Distance (MD) events are day races that are between 8 and 12 nm in length, open to all boats with a valid PHRF certificate. There are three events: the Centennial Bowl, the Mayor's Cup, and the Stonehaven Cup. All are Category 4 races as defined in the World Sailing Offshore Special Regulations (OSR) and will have somewhat lesser requirements for safety equipment and survival training. The Centennial Bowl and Stonehaven Cup races count towards the Club Overall Champions award for PHRF racing. Club boats not participating in the PHRF Racing are welcome to enter but must qualify in accordance with Section 5.1 and follow all the rules for the event (See Section 1.6).
- 2.3. PHRF Racing consists of 4 Series of 5 races each for club handicap fleets. The races take place on Wednesday evenings. Three races of the 4<sup>th</sup> Series of the season are held in conjunction with the Fall Regatta. Each Series is a separate event, with the individual races also contributing to the Club Overall Champions award.

- 2.4. OD Racing consists of three Series of 10 races and a fourth series of 5 races for club one design fleets with an active class association and 5 or more boats registered. Currently, only the Shark 24 class qualifies. OD Racing takes place on Tuesday nights with two races scheduled each night for Series 1-3 and one race each night for Series 4. Each Series is a separate event, with the individual races also contributing to the Club Overall Champions award.
- 2.5. Regattas are one-day, three-race events for handicap fleets conducted on the fixed mark course.
  - 2.5.1. The Open Regatta event is open to all boats with a valid PHRF certificate. It is historically held on a Saturday in June, on the same weekend as the Centennial Bowl. However, due to low interest from outside clubs, the Open Regatta has not been offered for many years and will not be hosted in 2025.
  - 2.5.2. The Fall Regatta event is for club boats only and normally takes place on the first Saturday after Labour Day. This year it will occur on September 6. The races also count as 3 of the races in the PHRF Series 4.
- 2.6. Frostbite Racing, is a 5-race event for club handicap fleets. It takes place on Wednesday evenings following PHRF Racing, Series 4. Frostbite races are normally based on two PHRF divisions, FS and NFS in one start. Race Committee is not involved in this series, so the competitors conduct their own starts and record their own finish times. This series does not count towards the Club Overall Champions award but has a dedicated award. This series is not scheduled for 2025 due to low interest in 2024.

**3. PHRF FLEETS**

- 3.1. Boats competing in PHRF Racing and MD events will be grouped based on the following criteria (FS=flying sails, NFS=non-flying sails) but subject to change if the mix is unbalanced:

PHRF1 FS	PHRF-LO FS-ASP < 150
PHRF1 NFS	PHRF-LO NFS-ASP < 190
PHRF2 FS	PHRF-LO FS-ASP >= 150
PHRF2 NFS	PHRF-LO NFS-ASP >= 190

**4. ELIGIBILITY AND ENTRY**

- 4.1. All boats entered in the PHRF Racing, OD Racing, MD and Frostbite Racing events must be registered by a skipper that holds some category of membership in the WYC. Whitby Marina boats may enter the WYC racing programme provided they are members of Ontario Sailing.
- 4.2. All boats from the club and outside the club may enter the LD events and Open Regatta event by completing the entry form, complying with all requirements prescribed in the NoR, providing proof of insurance and paying the required fee.

**5. FEES**

- 5.1. The registration fee for WYC Racing is \$200 plus an additional \$100 for OD Racing. The WYC Racing fee includes entry to all events that count towards the Club Overall Champions award and is paid only once per boat. The OD Racing fee is a surcharge for the OD Series and reflects the additional resources required to equip and manage laid marks. A link to the

registration system can be found on the WYC website in the Official Notice Board for each event.

- 5.2. For those who have not paid the WYC Racing fee, the registration fee for MD races is \$35 per event.
- 5.3. Long Distance events do not count towards the Club Overall Champions award and registration is not included in the WYC Racing fee. Fees will be stated in the respective NoR.

## 6. SCHEDULE

- 6.1. The Schedule of events is attached as Appendix B.

## 7. AWARDS

The following awards for the racing season will be presented at the Annual Awards Banquet:

- 7.1. Annual Club Overall Champions. Five trophies will be awarded, one for each PHRF fleet and OD fleet. Flags will be given for 1st, 2nd & 3rd in each of the 5 fleets. For PHRF Racing, see Section 8.5 for scoring. For OD Racing, see Section 8.6 for scoring.
- 7.2. Open Regatta (not held in 2025). Five trophies will be awarded, one for each fleet. Flags for 1st, 2nd & 3rd in each fleet, based on course racing, at least 3 races.
- 7.3. Centennial Bowl. Flags for 1st, 2nd & 3rd in each fleet, based on one medium distance race.
- 7.4. Mayor's Race Pursuit Race. Two trophies will be awarded, one for each fleet (FS and NFS). Flags will be awarded for 1st, 2nd & 3rd in each fleet (FS and NFS), based on a pursuit, medium distance race.
- 7.5. Jill & Jack Race (not held in 2025). Two trophies will be awarded, one for each fleet (FS and NFS). Flags for 1st, 2nd & 3rd in each class, based on a mixed double-handed crew, medium distance.
- 7.6. Women's Race (not held in 2025). One trophy will be awarded, with flags for 1st, 2nd & 3rd. Female skipper, some/all female crew (TBD), medium distance race.
- 7.7. Fall Regatta. Flags will be awarded for 1st, 2nd & 3rd in each fleet, based on course racing, at least 3 races.
- 7.8. Stonehaven Cup. Flags will be awarded for 1st, 2nd & 3rd in each fleet, based on one medium distance race.
- 7.9. PHRF Racing and OD Racing. Flags will be awarded for 1st, 2nd & 3rd in each fleet in each Series.
- 7.10. Frostbite Series (not held in 2025). Flags will be awarded for 1st, 2nd & 3rd in each fleet (FS, NFS) based on five course races.
- 7.11. Racer of the Year
- 7.12. Crew of the Year
- 7.13. Macdonell Cup. Best female skipper.
- 7.14. Totem Too Trophy -- best "out-of-town" performer.
- 7.15. Townsend Memorial Trophy -- most active racer, including club and outside events.

## 8. SCORING

- 8.1. The NOR or SI for each event counting towards a Club Championship will state that RRS A5.3 will apply.

- 8.2. A PHRF Racing Series will be scored with one discard after four races. Boats must race at least twice in a series to be included.
- 8.3. A OD Racing Series will be scored with one discard after 4 races and 2 discards after eight races. Boats must race at least two race nights in a series to be included.
- 8.4. A MD event will be scored with all participating boats for the event awards and then boats not entered in the PHRF Racing will be removed to produce results for the Club Overall awards.
- 8.5. PHRF Racing Club Overall Champions will be awarded to a boat registered in the PHRF Racing programme. The award will be based on the total points for the results of the boat's best 80 per cent of races completed in all the PHRF Series races plus the Centennial Bowl, and Stonehaven Cup medium distance races as defined in Section 2.2. Boats not participating in a series or distance race will be scored DNC.
- 8.6. OD Racing, Club Overall Champions will be awarded based on the total points for the best 80 per cent of results in all the OD Series races completed. Boats not participating in a series will be scored DNC.
- 8.7. The Regattas will be scored with all participating boats for the regatta awards and then boats not entered in the PHRF racing will be removed to produce results for the Series and Club Overall awards.
- 8.8. A boat that sails with a sail number she is not registered with, or received permission from the race committee to sail with, will receive a 10% scoring penalty applied as per RRS44.3(c) without a hearing. This changes RRS 63.1 and RRS A5.
- 8.9. A boat that cannot compete in a race in a WYC event because it is racing at another Sail Canada authorized event can claim Ambassador points (scoring code AMB), equal to its average points for all races in the WYC event. This applies even if the conflicting event is being held at the WYC.
- 8.10. A boat that cannot compete in a race in a WYC event because its skipper is doing Race Officer duty can claim Officer of the Day points (scoring code OOD), equal to its average points for all races in the WYC event minus 1.

## 9. DISCLAIMER OF LIABILITY

Competitors participate in club racing entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

## 10. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$2,000,000 per incident. Proof of Insurance must be provided at registration or check-in time.

## 11. FURTHER INFORMATION

For further information please contact Stan Naylor, WYC Fleet Captain at [fleet@wyc.ca](mailto:fleet@wyc.ca) or Paul Duff, WYC Principal Race Officer at [wycfleet2@gmail.com](mailto:wycfleet2@gmail.com).

## Appendix A – Racing Schedule

Colour	Meaning
	OD
	PHRF
	MD
	General

Date	Day	Event
April 16	Wed	Competitor's Meeting
May 20	Tue	OD Series 1, Race 1-2
May 21	Wed	PHRF Series 1, Race 1
May 27	Tue	OD Series 1, Race 3-4
May 28	Wed	PHRF Series 1, Race 2
June 3	Tue	OD Series 1, Race 5-6
June 4	Wed	PHRF Series 1, Race 3
June 10	Tue	OD Series 1, Race 7-8
June 11	Wed	PHRF Series 1, Race 4
June 17	Tue	OD Series 1, Race 9-10
June 18	Wed	PHRF Series 1, Race 5
June 20	Fri	Whitby 50 (Open, LD)
June 22	Sun	Centennial Bowl (PHRF, MD)
June 24	Tue	OD Series 2, Race 1-2
June 25	Wed	PHRF Series 2, Race 1
July 1	Tue	OD Series 2, Race 3-4
July 2	Wed	PHRF Series 2, Race 2
July 8	Tue	OD Series 2, Race 5-6
July 9	Wed	PHRF Series 2, Race 3
July 15	Tue	OD Series 2, Race 7-8
July 16	Wed	PHRF Series 2, Race 4
July 19	Sat	Mayors Cup Pursuit Race (PHRF, MD)
July 22	Tue	OD Series 2, Race 9-10
July 23	Wed	PHRF Series 2, Race 5
July 29	Tue	OD Series 3, Race 1-2
July 30	Wed	PHRF Series 3, Race 1
August 5	Tue	OD Series 3, Race 3-4
August 6	Wed	PHRF Series 3, Race 2
August 12	Tue	OD Series 3, Race 5-6
August 13	Wed	PHRF Series 3, Race 3
August 19	Tue	OD Series 3, Race 7-8
August 20	Wed	PHRF Series 3, Race 4
August 23	Sat	Shark 24 Canadian Championships at WYC
August 24	Sun	Shark 24 Canadian Championships at WYC
August 26	Tue	OD Series 3, Race 9-10
August 27	Wed	PHRF Series 3, Race 5
September 2	Tue	OD Series 4, Race 1
September 3	Wed	PHRF Series 4, Race 1
September 6	Sat	Fall Regatta, PHRF Series 4, Races 2 to 4 (Closed)
September 7	Sun	Stonehaven Cup (PHRF, MD)
September 9	Tue	OD Series 4, Race 2

Date	Day	Event
September 10	Wed	PHRF Series 4, Race 5
September 16	Tue	OD Series 4, Race 3
September 19	Fri	Whitby 100 (Open, LD)
September 23	Tue	OD Series 4, Race 4
September 30	Tue	OD Series 4, Race 5
November 15	Sat	Awards Night (Tentative)