



2024 Stonehaven Cup  
Medium Distance Race

Sunday, September 15, 2024

Whitby Yacht Club  
Whitby, Ontario, Canada

**NOTICE of RACE (NoR)**

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

This event counts towards the 2024 Club Championship.

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 PHRF Lake Ontario (PHRF-LO) handicapping rules, available at <https://www.phrf-lo.org/index.php/publications/handicappers-manual>, applies. Time on Time multiplier calculations are based on A= 566.431 and B= 401.431. All Divisions will be scored using the PHRF-LO Point-to-Point (P2P) Time Correction Factor (TCF).
- 1.3 Arbitration under RRS Appendix T will apply.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be available no later than 1800 h on Friday, September 6, 2024 and posted on the [Official Notice Board](#).

3 COMMUNICATION

- 3.1 The Official Notice Board is located at <https://www.wyc.ca/stonehaven-cup>.
- 3.2 [DP] All boats shall carry a VHF radio capable of communicating on channel(s) 16, 71 and 72.
- 3.3 On the water, the race committee may make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SIs.
- 3.4 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to all boats of the PHRF handicapped class that hold a valid PHRF-LO certificate.
- 4.2 Owners and/or skippers of all boats must hold a membership of some category in the Whitby Yacht Club. Non-members may participate as crew but must be signed in as guests by their skipper. Whitby Marina boats may enter the event provided that they are members of Ontario Sailing.
- 4.3 Divisions are defined as follows (FS=flying sails, NFS=non-flying sails):

PHRF1 FS	PHRF-LO FS-ASP < 150
PHRF1 NFS	PHRF-LO NFS-ASP < 195
PHRF2 FS	PHRF-LO FS-ASP >= 150
PHRF2 NFS	PHRF-LO NFS ASP >= 195

- 4.4 Eligible boats, not already entered, may enter by completing the entry form posted on the [Official Notice Board](#) by September 11, 2024. The registration fee will be charged to the account of the Owner Member.
- 4.5 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

5 FEES

- 5.1 The single event entry fee is as follows:

Class	Standard Fee	HST	Total
All	\$25	\$3.25	\$28.25

This fee does not apply to boats already registered for WYC Racing, which includes entry to all club level events hosted by the WYC and is paid only once per boat.

6 CREW LIMITATIONS

- 6.1 The following crew limitations apply to all classes: the minimum crew shall be two (2).

7 SCHEDULE

7.1 Competitor's Briefing:

Date	From	Location
Sunday, September 15	0930 h	Club Bar

7.2 Dates of racing:

Sunday, September 15, 2024.

7.3 Number of races:

Class	Races per day Scheduled	Races per day Maximum
All	1	1

7.4 The scheduled time of the warning signal for the first start is 1100 h.

8 VENUE

8.1 NOR Addendum A shows the plan of the event venue.

8.2 The race area is along the north shore of Lake Ontario extending approximately 6.6 nm east and 6.9 nm west of WYC Mark #9, which is approximately 1.4 nm on a compass bearing of approximately 210 degrees (right) from the Whitby Harbour East Pier Head light (See Addendum B).

9 COURSE

9.1 The race will be from a start line at WYC Mark #9 to a designated turning mark and back to a finish line at WYC Mark #9.

9.2 The race will be from 8 nm to 14 nm in length.

9.3 The turning mark will be announced at the Competitor's Briefing.

10 PENALTY SYSTEM

10.1 The Scoring Penalty, RRS 44.3, does not apply.

11 SCORING

11.1 Rule A5.3 applies.

12 RISK STATEMENT

12.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

13 INSURANCE

13.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000 per incident.

14 CODE OF CONDUCT

14.1 The Ontario Sailing Association CODE OF CONDUCT, forming part of the Safe Sport Policy Package, available at <https://ontariosailing.ca/wp-content/uploads/2023/02/Ontario-Sailing-Safe-Sport-Policy-Package-Dec-2022.pdf>, will apply.

15 PRIZES

15.1 Prizes will be given at the Awards Night (TBD) as follows:

- flags will be awarded to the three top finishers in each division.
- a trophy will be awarded to the 1<sup>st</sup> place finisher in each division.

16 FURTHER INFORMATION

16.1 For further information please contact Paul Duff, WYC Principal Race Officer at [wycfleet2@gmail.com](mailto:wycfleet2@gmail.com). The Whitby Yacht Club is located at 701 Gordon Street, Whitby, Ontario.

Addendum A  
Event Venue



Whitby Yacht Club  
701 Gordon Street  
Whitby, ON



