



2024 Jill and Jack
Medium Distance Race

Whitby Yacht Club
Whitby, Ontario, Canada

NOTICE of RACE (NoR)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

This event does not count towards the 2024 Club Championship. This race is intended to encourage the participation of women in the racing programme. The race will be run as a pursuit race.

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 PHRF Lake Ontario (PHRF-LO) handicapping rules, available at <https://www.phrf-lo.org/index.php/publications/handicappers-manual>, applies. Time-on-distance ratings will be used to determine start times.
- 1.3 Arbitration under RRS Appendix T will apply.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be available no later than 1800 h on Friday, August 2, 2024 and posted on the Official Notice [Board](#).

3 COMMUNICATION

- 3.1 The Official Notice Board is located at <https://www.wyc.ca/jill-and-jack-race>.
- 3.2 [DP] All boats shall carry a VHF radio capable of communicating on channel(s) 16, 71 and 72.
- 3.3 On the water, the race committee may make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SIs.
- 3.4 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to all boats of the PHRF handicapped class. Spinnakers are not permitted for this race. Boats that do not have a valid handicap certificate will be assigned a PHRF rating by the Principal Race Officer.
- 4.2 Owners and/or skippers of all boats must hold a membership of some category in the Whitby Yacht Club. Non-members may participate as crew but must be signed in as guests by their skipper. Whitby Marina boats may enter the event provided that they are members of Ontario Sailing.
- 4.3 The skipper/helm must be a female.
- 4.4 There will be no divisions. All boats will compete with Non-Flying Sails.
- 4.5 Eligible boats may enter by completing the entry form posted on the [Official Notice Board](#) by August 7, 2024.
- 4.6 To be considered an entry in the event, a boat shall complete all registration requirements (Eligibility, completion of the registration form and proof of insurance).

5 FEES

- 5.1 There is no entry fee for this event.

6 CREW LIMITATIONS

- 6.1 The following crew limitations apply to all classes: the minimum crew shall be two (2).

7 SCHEDULE

- 7.1 Competitor’s Briefing:

Date	From	Location
Saturday, August 10	0930 h	Club Bar

- 7.2 Dates of racing:

Saturday, August 10, 2024.

7.3 Number of races:

Class	Races per day Scheduled	Races per day Maximum
All	1	1

7.4 The scheduled time of the warning signal for the first start is 1100 h.

8 VENUE

8.1 NOR Addendum A shows the plan of the event venue.

8.2 The race area is along the north shore of Lake Ontario extending approximately 6.6 nm east and 6.9 nm west of WYC Mark #9, which is approximately 1.4 nm on a compass bearing of approximately 210 degrees (right) from the Whitby Harbour East Pier Head light (See Addendum B).

9 COURSE

9.1 The race will be from a start line at WYC Mark #9 to a designated turning mark and back to a finish line at WYC Mark #9.

9.2 The turning mark will be announced at the Competitor's Briefing.

10 PENALTY SYSTEM

10.1 The Scoring Penalty, RRS 44.3, does not apply.

11 RISK STATEMENT

11.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

12 INSURANCE

12.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000 per incident.

13 CODE OF CONDUCT

- 13.1 The Ontario Sailing Association CODE OF CONDUCT, forming part of the Safe Sport Policy Package, available at <https://ontariosailing.ca/wp-content/uploads/2023/02/Ontario-Sailing-Safe-Sport-Policy-Package-Dec-2022.pdf>, will apply.
- 13.2 The WYC Code of Conduct and Safe Sport policy apply to all racing events conducted by the Whitby Yacht Club. These documents are available at <https://www.wyc.ca/file-share/8e646d33-0433-420f-98e9-45c0ac800d82>.

14 PRIZES

- 14.1 Prizes will be given at the Awards Night (TBD) as follows:
- flags will be awarded to the three top finishers.
 - a trophy will be awarded to the 1st place finisher.
 - a trophy will be awarded to the top finisher with an entirely female crew.

15 FURTHER INFORMATION

- 15.1 For further information please contact Paul Duff, WYC Principal Race Officer at wycfleet2@gmail.com. The Whitby Yacht Club is located at 701 Gordon Street, Whitby, Ontario.

Addendum A
Event Venue



Whitby Yacht Club
701 Gordon Street
Whitby, ON

Addendum B
Race Area

