



2023
Racing Programme

1. INTRODUCTION

- 1.1. Sail racing is governed worldwide by World Sailing, which issues the Racing Rules of Sailing on a quadrennial cycle. The cycle is designed to coincide with the Olympic Games cycle, which normally occur in the fourth year of the cycle. The current edition of The Racing Rules of Sailing (RRS) 2021-2024 has introduced multiple changes in the way Notices of Race and Sailing Instructions are to be prepared. One major change is that rules and administrative information are to be separate.
- 1.2. Every sail racing event is governed by multiple documents that constitute the rules for that event. At the apex of this pyramid are the Racing Rules of Sailing (RRS). The RRS are then modified by the Sail Canada Prescriptions. These prescriptions set the RRS in a national context and may modify some of the RRS for the conditions of sailing in Canada. The RRS with Sail Canada prescriptions is available in paper format from the Sail Canada online store (<https://www.sailing.ca/shop/>) or in digital format from the Sail Canada website (<https://www.sailing.ca/rules-prescriptions/>).
- 1.3. Each racing event will be governed by its own Notice of Race (NoR) and Sailing Instructions (SIs). These will be available on the Whitby Yacht Club website (<https://www.wyc.ca/racing>).
- 1.4. Each class has rules for equipment, crew, eligibility, and race management. The class rules in effect will be listed in the NoR and links provided to the appropriate documents.
- 1.5. For LD races, there are additional safety rules for boats, equipment, and crew. The safety rules in effect will be listed in the NoR and links provided to the appropriate documents.
- 1.6. The RRS with prescriptions, NoR, SIs, class rules, safety rules and any Supplementary SIs constitute the rules for any event. Except when specifically exempted within the rules, the rules are protestable.
- 1.7. This document has been prepared to provide the overall context of the racing programme within Whitby Yacht Club (WYC) operations and does not form part of the rules for any event. Nothing in this document is protestable.

2. PROGRAMME OVERVIEW

The WYC racing programme consists of six separate components for handicap and one design racing:

- 2.1. Long Distance (LD) overnight races that are part of the Toronto East Long Distance Sailing Series (TELDS). The two races hosted by the Whitby Yacht Club are the Whitby 50, typically held in June, and the Whitby 100, typically held in September. It is not clear if the TELDS series will be resurrected in 2023 so only the Whitby 50 will be held in September and open to outside boats.. These races are not included in the Club Overall Champions award.
- 2.2. Medium Distance (MD) day races that are between 8 and 12 nm in length and open to all boats with a valid PHRF Certificate. For WYC Members, these races count towards the Club Overall Champions award for PHRF racing. The three races are the Centennial Bowl, the Mayor's Cup, and the Stonehaven Cup.
- 2.3. PHRF Series for club handicap fleets. The races take place on Wednesday evenings, and consists of 4 series with 5 races in each. The last 3 races of the 4th series of the season are held in conjunction with the Fall Regatta.
- 2.4. OD Series for club one design fleets with an active class association and 5 or more boats registered. Currently, only the Shark 24 class qualifies. OD Racing takes place on Tuesday nights and consists of 4 series with 10 races in each. Two races are held each night. No OD racing is scheduled during the week of the class World Championship.
- 2.5. Fall Regatta, for club handicap fleets, is a one-day, 3-race event for PHRF classes that takes place on the first Saturday after Labour Day. The races also count as the last 3 races in the PHRF Series 4. This event only qualifies for club awards.

- 2.6. Frostbite Series, for club handicap fleets, takes place on Wednesday evenings following the Fall Regatta, and consists of 5 races. Frostbite races are normally based on two PHRF divisions, FS and NFS in one start. Race Committee is not involved in this series, so the competitors conduct their own starts and record their own finish times. This series is not scheduled for 2023 due to low interest in 2022.

3. PHRF CLASSES

- 3.1. Boats competing in the PHRF Series and MD races will be grouped based on the following classes (FS=flying sails, NFS=non-flying sails):

PHRF1 FS	PHRF-LO FS-ASP < 150
PHRF1 NFS	PHRF-LO NFS-ASP < 190
PHRF2 FS	PHRF-LO FS-ASP >= 150
PHRF2 NFS	PHRF-LO NFS-ASP >= 190

4. REGATTAS

- 4.1. The Racing programme includes two regattas. The Open Regatta is historically held on a Saturday in June, on the same weekend as the Centennial Bowl, and the Fall Regatta is held on a Saturday in September, on the same weekend as the Stonehaven Cup. The Regattas normally consist of three course races, that are also counted in the PHRF Series. Due to COVID 19 Pandemic restrictions and low interest from outside clubs, the Open Regatta has not been offered for many years and will not be held in 2023.

5. ELIGIBILITY AND ENTRY

- 5.1. All boats entered in the PHRF Series, OD Series and Frostbite Series must be registered by a skipper that holds some category of membership in the WYC. Boats from outside the club may enter the LD and MD races by completing the entry form, complying with all requirements prescribed in the NoR, providing proof of insurance and paying the required fee.

6. COVID-19

- 6.1. The Ontario Ministry of Health requirements, available at <https://covid-19.ontario.ca/zones-and-restrictions#control>, for the Region of Durham on the day of the race, will apply.
- 6.2. No persons shall enter the WYC grounds if they do not pass the Ontario Ministry of Health COVID-19 self-assessment, available at <https://covid-19.ontario.ca/self-assessment/>
- 6.3. Follow Ontario Ministry of Health requirements (<https://covid-19.ontario.ca/>) for detecting and stopping the spread of the COVID-19 virus.

7. FEES

- 7.1. The registration fee for WYC Racing is \$150 plus an additional \$50 for OD Racing. The WYC Racing fee includes entry to all events that count towards the Club Overall Champions award and is paid only once per boat. The OD Racing fee is a surcharge for the OD Series and reflects the additional resources required. A link to the registration system can be found on the WYC website in the Official Notice Board for each event.
- 7.2. Long Distance events do not count towards the Club Overall Champions award and accordingly, registration is not included in the WYC Racing fee.

8. SCHEDULE

8.1. The Schedule of events is attached as Appendix A.

9. AWARDS

The following awards for the racing season will be presented at the Annual Awards Banquet on November 18, 2023:

- 9.1. Annual Club Overall Champions. Five trophies will be awarded, one for each PHRF class and OD class. Flags and keeper trophies will be given for 1st, 2nd & 3rd in each of the 5 classes. For PHRF Racing, see Section 10.3 for scoring. For OD Racing, see Section 10.4 for scoring.
- 9.2. Open Regatta (not held in 2023). Five trophies will be awarded, one for each class. Flags for 1st, 2nd & 3rd in each class and keeper trophies for 1st in each class, based on course racing, at least 3 races.
- 9.3. Centennial Bowl. Flags for 1st, 2nd & 3rd in each class and keeper trophies for 1st in each class based on one medium distance race.
- 9.4. Mayor's Race Pursuit Race. Two trophies will be awarded, one for each class (FS and NFS). Flags will be awarded for 1st, 2nd & 3rd in each class, based on a pursuit, medium distance race.
- 9.5. Jack & Jill Race (not held in 2023). Two trophies will be awarded, one for each class (FS and NFS). Flags and keeper trophies for 1st, 2nd & 3rd in each class, based on a mixed double-handed crew, medium distance.
- 9.6. Women's Race (not held in 2023). One trophy will be awarded, with flags and keeper trophies for 1st, 2nd & 3rd. Female skipper, some/all female crew (TBD), medium distance race.
- 9.7. Fall Regatta. Flags will be awarded for 1st, 2nd & 3rd in each class and keeper trophies for 1st in each class, based on course racing, at least 3 races.
- 9.8. Stonehaven Cup. Flags will be awarded for 1st, 2nd & 3rd in each class and keeper trophies for 1st in each class, based on one medium distance race.
- 9.9. PHRF Racing and OD Racing. Flags will be awarded for 1st, 2nd & 3rd in each class in each series and a keeper trophy for 1st in each series/class.
- 9.10. Frostbite Series (not held in 2023). Flags will be awarded for 1st, 2nd & 3rd in each class and a keeper trophy for 1st in each class (FS, NFS) based on five course races.
- 9.11. Racer of the Year
- 9.12. Crew of the Year
- 9.13. Macdonell Cup. Best female skipper.
- 9.14. Totem Too Trophy -- best "out-of-town" performer.
- 9.15. Townsend Memorial Trophy -- most active racer, including club and outside events.

10. SCORING

- 10.1. A PHRF Series will be scored with one discard after four races. Boats must race at least twice in a series to be included.
- 10.2. A OD Series will be scored with one discard after 4 races and 2 discards after eight races. Boats must race at least once in a series to be included.
- 10.3. A MD race will be scored with and without visiting boats. The points scored with visiting boats included will be used to determine the awards described in Sections 9.3, 9.4 and 9.8. The points scored without visiting boats included will be used in the determination of the Annual Club Overall Champions in PHRF Racing.

- 10.4. PHRF Racing, Club Overall Champions will be awarded based on the total points for the best 80 per cent of results in all the PHRF Series races plus the results in the Centennial Cup, Mayor's Cup and Stonehaven Cup medium distance races as defined in Section 10.3. Boats not included in a series or distance race will be scored DNS.
- 10.5. OD Racing, Club Overall Champions will be awarded based on the total points for the best 80 per cent of results in all the OD Series races. Boats not included in a series will be scored DNS.

11. DISCLAIMER OF LIABILITY

Competitors participate in club racing entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

12. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$2,000,000 per incident. Proof of Insurance must be provided at registration or check-in time.

13. FURTHER INFORMATION

For further information please contact Stan Naylor, WYC Fleet Captain at fleet@wycfleet.com.

Appendix A - Schedule

Date	Day	Event
May 10	Wed	Competitor's Meeting
May 16	Tue	OD Series 1, Race 1-2
May 17	Wed	PHRF Series 1, Race 1
May 23	Tue	OD Series 1, Race 3-4
May 24	Wed	PHRF Series 1, Race 2
May 30	Tue	OD Series 1, Race 5-6
May 31	Wed	PHRF Series 1, Race 3
June 6	Tue	OD Series 1, Race 7-8
June 7	Wed	PHRF Series 1, Race 4
June 13	Tue	OD Series 1, Race 9-10
June 14	Wed	PHRF Series 1, Race 5
June 20	Tue	OD Series 2, Race 1-2
June 21	Wed	PHRF Series 2, Race 1
June 25	Sun	Centennial Bowl (PHRF, MD)
June 27	Tue	OD Series 2, Race 3-4
June 28	Wed	PHRF Series 2, Race 2
July 4	Tue	OD Series 2, Race 5-6
July 5	Wed	PHRF Series 2, Race 3
July 8	Sat	Shark 24 Canadian Championship at WYC
July 9	Sun	Shark 24 Canadian Championship at WYC
July 11	Tue	OD Series 2, Race 7-8
July 12	Wed	PHRF Series 2, Race 4
July 15	Sat	Mayors Cup Pursuit Race (PHRF, MD)
July 18	Tue	OD Series 2, Race 9-10
July 19	Wed	PHRF Series 2, Race 5
July 22-23	Sat-Sun	Tuscarora Pursuit Race/Cruise
July 25	Tue	OD Series 3, Race 1-2
July 26	Wed	PHRF Series 3, Race 1
August 1	Tue	OD Series 3, Race 3-4
August 2	Wed	PHRF Series 3, Race 2
August 8	Tue	OD Series 3, Race 5-6
August 9	Wed	PHRF Series 3, Race 3
August 15	Tue	OD Series 3, Race 7-8
August 16	Wed	PHRF Series 3, Race 4
August 23	Wed	PHRF Series 3, Race 5
August 29	Tue	OD Series 3, Race 9-10
August 30	Wed	PHRF Series 4, Race 1
September 5	Tue	OD Series 4, Race 1-2
September 6	Wed	PHRF Series 4, Race 2
September 9	Sat	Fall Regatta, PHRF Series 4, Races 3 to 5 (Closed)
September 10	Sun	Stonehaven Cup (PHRF, MD)
September 12	Tue	OD Series 4, Race 3-4
September 19	Tue	OD Series 4, Race 5-6
TBD	Fri-Sat	Whitby 50 (Closed, LD)
September 26	Tue	OD Series 4, Race 7-8
October 3	Tue	OD Series 4, Race 9-10
November 18	Sat	Awards Night (Tentative)