



2023 Centennial Bowl
Medium Distance Race

Whitby Yacht Club
Whitby, Ontario, Canada

SAILING INSTRUCTIONS (SI)

Revision 1, Posted 2023/06/23

The notation '[NP]' in a rule of the sailing instructions (SI) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 In cases of conflict between the Notice of Race, Sailing Instructions and any Class Rules, the Jury will decide which shall govern.
- 1.2 Changes to boat or sails shall be referred to the Fleet Captain (fleet@wyc.ca).

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted on the [Official Notice Board](#) before 0900 on the day it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by displaying flag L on the race committee signal vessel, relaying instruction change by hail and/or on the VHF radio, and receiving acknowledgment by hail or VHF radio from every boat that comes to the starting area.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the [Official Notice Board](#).
- 3.2 On the water, the Race Committee intends to monitor and communicate with competitors on VHF radio channel 72.
- 3.3 If the Race Committee displays flag T, alternate VHF channel 71 will be used.
- 3.4 The following **courtesy** communications may be made by the Race Committee on VHF radio.
 - Changes to sailing instructions,
 - displaying and removing visual signals,
 - sail numbers of boats breaking RRS 29.1, individual recall
 - general recalls under RRS 29.2, and
 - sail numbers of boats breaking RRS 30.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole located on the lawn west of the clubhouse. (See NOR Addendum A)

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5 SCHEDULE OF RACES

5.1 One medium distance race will be run on Sunday, June 25²⁶, 2023.

5.2 The scheduled time of the warning signal for the first start is 1100h.

5.3 The race will not be started in sustained winds less than 3 knots nor in conditions deemed to be unsafe or unfit for Race Committee.

6 CLASS FLAGS AND ORDER OF START

6.1 The Class flags and start order are as follows:

Class	Class Flag	Start #
PHRF2	Green	1
PHRF1	Light Blue	2

7 RACING AREA

7.1 The race area is along the north shore of Lake Ontario extending approximately 6.6 nm east and 6.9 nm west of WYC Mark #9, which is approximately 1.4 nm on a compass bearing of approximately 210 degrees (right) from the Whitby Harbour East Pier Head light (See NOR Addendum B).

8 COURSES

8.1 The race will be from a start line at WYC Mark #9 to a designated Turning Mark and back to a finish line at WYC Mark #9.

8.2 The Turning Mark is to be left to port.

8.3 The Turning Mark will be announced at the Competitors Briefing.

9 MARKS

9.1 WYC Mark #9 is a yellow barrel approximately 4 feet in height with a black number "9" numbers on three sides. It is located at N 43° 49.708', W 78° 56.260', which is 1.4 nm from the Whitby Harbour Light at a bearing of 210° M.

9.2 Possible Turning Marks and their locations are listed in the table below.

Description of Turning Mark	Latitude and Longitude	Distance from WYC #9 (nm)
"FBYC-0" Frenchman's Bay Yacht BYC Mark #0	43° 47.401' N, 79° 05.013' W	6.7
Moore Point [Y] (Spar)	43° 48.388' N, 79° 02.443' W	4.7
"45159" Weather Buoy [Y FL (5) Y 20S]	43° 46.000' N, 78° 59.099' W	4.2
"MV2" Oshawa [R] (Spar)	43° 51.398' N, 78° 47.436' W	6.6

10 THE START

- 10.1 [DP] Before starting its race, a registered boat intending to race shall check-in with the Race Committee by sailing past the stern of the race committee signal vessel with sail number visible and receive acknowledgement. The Race Committee will not accept reports of intent to start via VHF radio.
- 10.2 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 10.3 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area extends 200' ahead of and behind the starting line, and 200' beyond either end of the starting line.
- 10.5 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the Race Committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 10.6 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 10.7 The warning signal for each succeeding start shall be at least 1 minute after the starting signal of the preceding start.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

11.2 The course may only be shortened at the turning mark.

12 THE FINISH

12.1 The finishing line is between a staff displaying a blue flag on the race committee signal vessel and the course side of the finishing mark.

12.2 If the race committee signal vessel is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the Race Committee or Fleet Captain at the first reasonable opportunity.

13 PENALTY SYSTEM

13.1 The Scoring Penalty, RRS 44.3, does not apply.

14 TIME LIMITS AND TARGET TIMES

14.1 The Turning Mark Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in minutes in the table below.

Turning Mark Time Limit	Race Time Limit	Finishing Window
<i>90</i>	<i>180</i>	<i>30</i>

14.2 If no boat in a class has passed the first mark within the Turning Mark Time Limit, the race will be abandoned.

14.3 If no boat in a class has finished within the Race Time Limit, the race will be abandoned.

14.3 The Finishing Window is the time for boats in a class to finish after the first boat in the class sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

15 HEARING REQUESTS

15.1 The protest time limit is 60 minutes after the race committee signal vessel docks. The docking time will be posted on the Official Notice Board.

15.2 Arbitration under RRS Appendix T applies.

15.3 The Arbitrator may subsequently sit on the Jury hearing the protest.

15.4 A fillable protest form is available on the Official Notice Board

15.5 Completed forms shall be emailed to the Principal Race Officer (wycfleet1@gmail.com) before the protest time limit.

15.6 Arbitration meetings will be arranged by the Arbitrator and may be virtual.

Hearings will be held once per month at a time and date posted on the Notice Board at least 1 week prior and may be virtual. This changes RRS Rule 61.

- 15.7 Protests alleging a breach of a class rule must be accompanied by an official copy of the applicable class rules. This changes RRS 61.2.
- 15.8 RRS 62.2(a) and 66.2(a) do not apply.
- 15.9 The right of appeal from a protest committee decision is denied as provided in rule 70.5[(a)][(b)][(c)].

16 SAFETY REGULATIONS

- 16.1 [DP] Once a boat has fulfilled her check-in requirements, if she no longer intends to participate in racing, she shall: a) keep clear of other competitors and b) notify the Race Committee at the first reasonable opportunity.
- 16.2 [DP] A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity.

17 EQUIPMENT AND MEASUREMENT CHECKS

- 17.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 17.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.